

2019-20 Parent Education Series

At PCK, we want to support and encourage our parents in any way we can. We know that a strong partnership between home and school helps students be more successful. Our Parent Education Series is designed to answer questions and provide the types of information our parents ask for in an informal setting where discussion is encouraged.

Unless otherwise noted, sessions are on the first Thursday of the month at 6:30pm. RSVPs to ddaniels@ckcs.net are requested and appreciated. Watch our school newsletter for the meeting location within the school as the room may change based on the number of attendees and A/V needs.

Please note: sessions are for adults only. Childcare is not provided, and children may not sit in the sessions. Review the schedule for the year so you can make childcare arrangements early.

Schedule (see reverse for session descriptions)

September 5: Early literacy

October 2: High School Information Night, 6:00-7:30, Middle School Commons

October 3: Bullying vs Normal Peer Conflict: What's the Difference and What Should Parents Do

November 7: Helping Your Child Manage Anxiety

January 9: The Gift of Failure

February 6: Body Image and Self Esteem

March 5: Helping Your Daughter Handle Girl Drama

April 2: Screentime Strategies To Help Your Child Manage Time Online

2019-20 Workshop Descriptions

September 5: Early Literacy, presented by a teacher panel with representatives from our preschool, kindergarten, first grade, resource team, and Vice Director In Charge of Academics. Learn how to make reading with your child at home fun and meaningful. Help your child develop a love of reading with advice from our experts.

October 2: High School Information Night, 6:00-7:30, Middle School Commons
Middle School students and their parents can meet representatives from area high schools to learn what each school has to offer and what to expect after PCK.

October 3: Bullying vs Normal Peer Conflict: What's the Difference and What Should Parents Do, presented by Dianne Daniels, PCK Character Coach
It takes time to develop social skills and learn how to resolve the issues that are part of social relationships, but it is hard for parents to watch their kids struggle with friendships. How do you know when an issue is normal peer conflict and when it is something more serious? This workshop will help you identify the difference and know how to support and guide your child.

November 7: Helping Your Child Manage Anxiety, presented by Mark Karas, PCK School Psychologist

January 9: The Gift of Failure, presented by Mrs. Aplin, PCK Director, and Molly White, Ph.D.

We all want our children to succeed, but kids learn important lessons from their failures when properly guided through the experience. This powerful workshop will help you know when to let your child take risks and how to make the most of the lessons that come from facing adversity.

February 6: Body Image and Self Esteem, presented by Molly White, Ph.D., Clinical Psychologist and Board Certified Behavior Analyst

Outside sources bombard our youth daily with messages regarding body image. Learn about your role in promoting a positive body image and how you can help support your child.

March 5: Helping Your Daughter Handle Girl Drama, presented by Dianne Daniels
Because girls typically place a high value on relationships, they often experience conflict, hurt feelings, and "drama." Learn how to guide your daughter through these situations in a way that helps her build strong conflict resolution skills as well as good friendships.

April 2: Screentime Strategies For Managing Time Online, presented by Dianne Daniels

If you are concerned about the amount of time your child spends gaming, on social media, or video chatting with friends, don't miss this workshop. You will learn how to work with your child to set healthy boundaries with technology, as well as tools to help keep your child safe online.