



What Is My Child Learning?
 Your child is learning how to report bullying to a caring adult.

Why Is This Important?
 Caring adults who listen can help keep children safe from bullying. When children practice reporting details about their day, they use the same skills needed to report bullying.

Ask your child: Who are some caring adults you can report bullying to if it happens to you or to someone else?

Read Together
 Whenever bullying happens to you or to someone else, you need to report it to a caring adult. This week you practiced what to say and how to say it assertively when you report bullying: You face the person you’re talking to, keep your head up and your shoulders back, and say in a strong, respectful voice: “I need to report bullying.” If you report bullying to someone and it doesn’t help, you need to find someone who listens and does help stop the bullying. Reporting bullying is not tattling. Tattling is trying to get someone in trouble. Reporting means telling an adult in order to keep people safe.

Practice Together: Reporting Bullying Role-Play

You and your child are actors. Your role is the caring adult at home. Your child’s role is the student being bullied. Ready? Action!

Student walks in the door at home after school and is greeted by adult.

Student: I need to tell you something important.

Adult: What is it? I’m listening.

Student faces adult, stands up straight, and uses a strong, respectful voice.

Student: I need to report bullying. These two older kids won’t leave me alone.

Adult: I’m sure that’s been difficult for you! Do you know who these kids are?

Student: Yes, they’re in Ms. Worley’s class.

Adult: When does this happen, and what do they do?

Student: They’ve bugged me almost every day since school started. When I walk out the door after school, they try to trip me. Sometimes when I fall, they laugh and laugh and call me mean names.

Adult: So this has been happening for a while. I’m so glad you told me. No one deserves to be bullied. I will call Principal Taylor and tell him what you’ve told me, and set up a time for you to talk to him about it tomorrow. He needs to know what’s going on.

Student: I’m nervous.

Adult: It will be okay. Principal Taylor cares about all his students. He wants everyone to feel safe at school, including you!

Student: Okay...

Adult: If you still feel nervous tomorrow, I can go with you.

Student: That might help. Phew! I feel better already.

(CHILD’S NAME)	(DATE)	(ADULT’S SIGNATURE)