



**What Is My Child Learning?**  
Your child is learning how to report bullying to a caring adult.

**Why Is This Important?**  
Caring adults who listen can help keep children safe from bullying.

**Ask your child: What should you do when bullying happens to you or to someone else?** *Second Step answer: Report it to a caring adult.*

**What should you do if you report bullying to someone who doesn't help make it stop?** *Second Step answer: Keep telling until I find someone who will listen and help make it stop.*

**Practice at Home**

Help your child practice reporting to you what happened at school each day. This will give your child practice in remembering details of what happened during the day, an important skill when it comes to reporting bullying. Have your child face you, keep his or her head up and shoulders back, and say in a strong, respectful voice, "I need to report my day."

Ask your child:

- **What happened?**
- **Who else was there?**
- **When did this happen?**
- **Where did it happen?**
- **Has it happened before?**

Repeat this practice throughout the week. Tell your child you want to hear both the good and bad things that happen.

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**Activity**

Help your child think of caring adults he or she can report bullying to. Make sure to include some adults at school and at least one adult at home. Write their names below.

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_____	_____	_____
(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)