

2020-2021 your School Nurse is Debbie Smith, MS RN
303-929-4264 or email dsmith@ckcs.net



School Nurse

As your school nurse consultant, Debbie identifies students who have health problems and then collaborates and communicates with parents, school staff, and appropriate medical personnel to develop plans that will help students be fully available for learning. Please notify Debbie of any health concerns or needs your students may have.

Health Assistants

The primary health assistants at Parker Core Knowledge are Sara Mundt, Sandy Higgins, and Shera Mace. Sara and Sandy see students in the "health" room who need medication or procedures, or have injuries. Shera sees students who become ill during the school day in the "sick" room. Having 2 separate rooms this school year is helping us isolate sick students who are waiting to be picked up. The school nurse provides oversight of the health assistants and other office staff who are available each day to respond to the immediate health needs of students.



Typically, health assistants are not medical professionals or registered nurses, but are trained by the school nurse consultant in health room protocols for the care of sick or injured children who come to the health room.

Frequently asked questions for the School Nurse

1. Can my student bring medication to school to take during the day?

PCK follows the DCSD Medication Policy. Here is the link to the policy: [Administering Medication to Students](#) PCK specifically follows the **ELEMENTARY** Medication Policy and all medications are dispensed from the health room for all students K-8. PCK students both in elementary and middle school cannot self-carry medications at school on a routine basis without prior arrangements with the school nurse.

2. What forms do I need to bring to school with medication? Please go to this link to access the [Medication Release Form](#). Any medication, including

prescription and over-the-counter medications, must have this form completed by your physician. District policy states: *If a student must receive prescription or over the counter medication during school hours, the parent or guardian shall furnish the medication. Prescription medication must be in the original pharmacy-labeled container. The label shall state the student's name, medication, dosage, number and/or time(s) of dosages per day, and the name of the prescribing health care provider. Over-the-counter medication must be in its original packaging.*

3. **Can you give my student herbal or homeopathic medication?** No, the district policy does not allow us to dispense these: *Douglas County School District employees may not administer homeopathic or herbal preparations.*

4. **What immunizations are required for school?**

This [LINK](#) provides the immunization schedule for students K-12 for 2020-2021. Students in grades K-12 claiming a NON-MEDICAL EXEMPTION must submit the non-medical exemption form each school year because all NON-MEDICAL EXEMPTIONS expire June 30 every year. Non-medical exemptions can be claimed by submitting the online form, [On-line Non-Medical Exemption Form](#), (please print for the school), or by submitting the form [NON-MEDICAL EXEMPTION FORM](#) directly to school.

5. **When does my child need to stay home with illness?**

For the 2020-2021 school year, we are asking you err on the side of caution and keep your students home for even minor symptoms. Check your student for any symptoms of illness and keep your student at home for any illness symptoms or temperature 100 or above.

We would prefer you to be extra cautious with this and keep your student home rather than send them to school and "see how they do." Please refer to [Can I go to school today?](#) for more information. **Before leaving home**, please have your students wash their hands. Please be available to return to school immediately to pick up your child should he/she develop a temperature or symptoms while at school. Please refer to [Return to School after illness symptoms](#) for more information.



For more information about DCSD Health Services go to this [Link to DCSD Health Services](#).