

Hi PCK Families,

This past week we have planned "game week" which hopefully has kept our students moving for their minimum of 60 minutes of physical activity per day. We will continue to share movement ideas as well as skill work to do at home. Our PCK PE website will be continually updated to give creative approaches to being physically active while at home and maybe even utilize the "great outdoors" on those amazing 70 degree days!

Please see our attached "Game Week" activities! Next week we will get into more skill work and cues to use for teaching from home. Below are our grade level links!

<https://pe.ckcs.net/k-2-online-pe>

<https://pe.ckcs.net/3-5-online-pe>

<https://pe.ckcs.net/6-8-online-pe>